



HONEST AVOCADO

Hi, I'm Emily Kenyon!

I am passionate about sharing the incredible impact healthy changes had on my life. I share everything from self care and wellness to my favorite recipes, movement tips, habit change hints, and advice to live a healthier life. I hope to make my audience feel valued, connected, and inspired to live a healthy, happy, and fulfilling life.

My Community on Instagram

3,210
followers

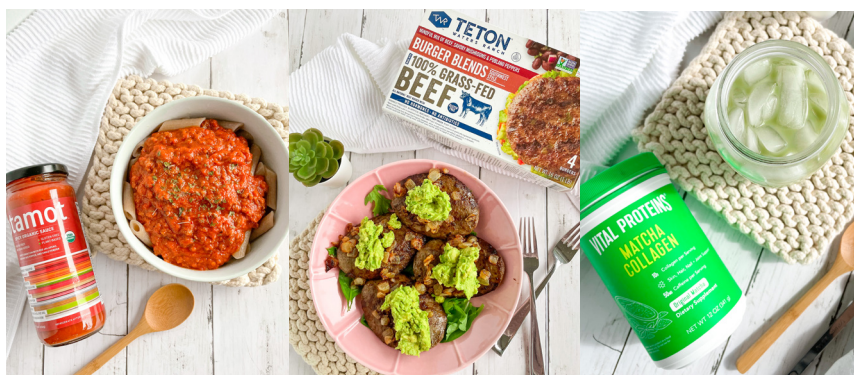
90.3%
female
followers

46.4%
followers
aged 25-34

4.42%
engagement
rate

87.7%
followers in
the U.S.

Brands I've Worked With



Let's Connect!

WEBSITE

honestavocado.com

EMAIL

hello@honestavocado.com

INSTAGRAM

[@honest_avocado](https://www.instagram.com/honest_avocado)

FACEBOOK

[@honestavocadoblog](https://www.facebook.com/honestavocadoblog)

PINTEREST

[@honestavocado](https://www.pinterest.com/honestavocado)

